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Activity Information & Skills Development List

Activity Information Sheets

Walesby Forest has over 30 activities for you to enjoy and take part in during your stay with us. From water activities to cerebral challenges we have something to keep you engaged.

This booklet is designed to give you information about all the activities we provide most are instructor led but we do have some which you can be in charge of, all are fun.

Our activities are run on an hourly basis with a few exceptions such as Rafting and Twilight Zone which are two hour sessions.

All start on the hour from 09.00 to 18.00, with a break between 13.00 and 14.00 for lunch. The Twilight Zone is an evening activity and operates between 20.00 and 22.00.

At busy periods please allow for the movement of instructors between activities,

All the instructors who will be leading your activity session are qualified to the required level for that activity and will keep a watchful eye during the session but we do also require the participation of a leader from your group to keep control of the people not involved in the activity.

Most of the activities take place near to the camp centre but you need to allow approximately 20 minutes for the walk each way to and from the lake activities so please take this into account in your planning.

We hope that you will enjoy your stay with us and that the activities will enhance your day.

Activity Information Sheet

Name of activity: Wobble Pole Climb

Length of time to complete: 1 Hour

Max numbers for group sessions: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor / Outdoor / All Weather: Outdoor

Team / Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	x
Information processing	
Reasoning	x
Enquiry	x
Creative training	
Evaluation	

Details:

This daring climb will test your nerves as you climb the three poles attached to each other by a chain. This activity is 40ft high but will seem a lot higher with only rock climbing holds to help you scale the Wobble Pole.



Activity Information Sheet

Name of activity: Water Zorb Balls

Length of time to complete: 1Hour

Max numbers for group sessions: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor / Outdoor / All Weather: All Weather

Team / Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	
Problem solving	X
Information processing	X
Reasoning	X
Enquiry	
Creative training	X
Evaluation	

Details:

Do you think that you can walk on water? With our new activity for 2011 you can!

You are encased in a clear inflated ball and the objective is to cross the pool..... That is if you can stand up long enough! You are sure to have a lot of laughs and fun with this activity.



Activity Information Sheet

Name of activity: Abseil (25ft)

Length of time to complete: 1Hour

Max numbers for group sessions: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor / Outdoor / All Weather: All Weather

Team / Individual Development: Individual

What skills it will develop:

Communication	X
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	
Information processing	X
Reasoning	X
Enquiry	
Creative training	
Evaluation	

Details:

Climb up the 25ft ladder to the top of one of our climbing walls and control your own decent by abseiling down the wall.....



Activity Information Sheet

Name of Activity: Activity Area

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	

Details:

Chess, draughts and other outdoor games to test your gaming skills



Activity Information Sheet

Name of Activity: Twilight Zone

Length of time to complete: 2 Hours

Ideal Group Size: 20 +

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	
Reasoning	x
Enquiry	x
Creative training	
Evaluation	

Details:

An evening activity programme just for you but you may make new friends if you have to share with another group – 2 hours of fun and activity which may be team games or a disco just wait and see



Activity Information Sheet

Name of Activity: Traverse Wall

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	
Information processing	X
Reasoning	
Enquiry	
Creative training	
Evaluation	

Details:

Our purpose built wall could have you going round in a spin as you climb side ways around with only your finger tips and toes keeping you connected to the blocks. How long can you hold on without falling off?



Activity Information Sheet

Name of Activity: Aerial Course

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	
Reasoning	x
Enquiry	
Creative training	x
Evaluation	

Details:

New for 2010 this will test your ability to balance and build your confidence and trust as you go round the course with obstacles between trees including rope swing, balance wire and walking net, will you make it to the end?



Activity Information Sheet

Name of Activity: Air Rifles

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Indoor

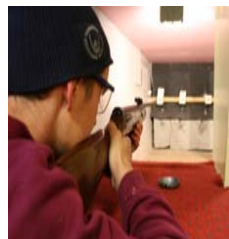
Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	x
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	
Information processing	x
Reasoning	x
Enquiry	
Creative training	
Evaluation	x

Details:

Do you have a keen eye, are you a crack shot? Even if you have fired a rifle before, try our rifle range which has 4 shooting booths and uses .177 air rifles. Our trained instructors will assist you in hitting the target and maybe the black centre. You never know you could get the highest score in your group



Activity Information Sheet

Name of Activity: Team Building

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Working together within your group you will have various problems to solve and games to play. You will be challenged to your limits and have to work together to develop and learn new skills in order to get to the solution.



Activity Information Sheet

Name of Activity: Swimming Pool

Length of time to complete: 1 Hour

Ideal Group Size: 20

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	
Information processing	
Reasoning	
Enquiry	
Creative training	
Evaluation	

Details:

If you want a relaxing swim or fun splashing around, the outdoor swimming pool is suitable for every one of all ages and ability. And it is solar heated!



Activity Information Sheet

Name of Activity: Archery

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 7+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	x
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	
Information processing	x
Reasoning	x
Enquiry	
Creative training	
Evaluation	x

Details:

Do you want to shoot arrows like Robin Hood? Then this activity is the one for you. Archery is a great opportunity for participants to develop control, dexterity and precision. We have state of the art equipment and have flexible target ranges which can be geared to each age group. Our instructors concentrate on developing pupil's technique and ensure all participants get better in the session. As with all our activities all safety equipment is supplied.



Activity Information Sheet

Name of Activity: Assault Course

Length of time to complete: 1 Hour

Ideal Group Size: 20

Recommended Age: 7+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	

Details:

New for 2010 our assault course has you going up and under (nothing to do with rugby) over walls, cargo nets and down tubes with a competitive spirit if required. Our instructors will set challenges during your session time.



Activity Information Sheet

Name of Activity: Search & Rescue

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Great for older groups looking for a challenge. You will follow clues to different locations and tackle various problems and situations on your way



Activity Information Sheet

Name of Activity: River Crossing

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	

Details:

Willing to dabble with fate and cross a fast moving river with just a few pillions and rope. You and your team have the chance to make a bridge and cross the river. With a trained instructor teaching new knots and building your team skills up you might beat fate and cross the fast river.



Activity Information Sheet

Name of Activity: Body Boarding

Length of time to complete: 1 Hour

Ideal Group Size: 20

Recommended Age: All Ages

Instructor/Self Led activity: Instructor/Self Led

Indoor/Outdoor/All Weather: Outdoor

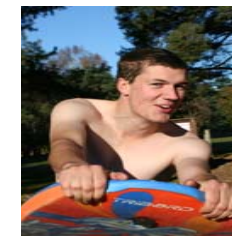
Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	
Information processing	
Reasoning	
Enquiry	
Creative training	
Evaluation	

Details:

How wet and slippery do you want to get? Using our boards you run and throw yourself down the water and soap covered surface and end up in a puddle of mud



Activity Information Sheet

Name of Activity: Canadian Canoes

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Imagine if you will the old American trappers paddling up the rivers to their camps dodging crocodiles and Indians. Well you have a good imagination because our Canadian Canoes can seat up to 4 people and you paddle round the lake dodging kayaks and rafts instead but having a good time on open water as well.



Activity Information Sheet

Name of Activity: Rafting

Length of time to complete: 2 Hours

Ideal Group Size: 20

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

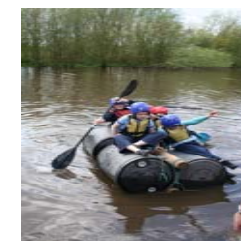
Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Develop your team building skills by being given some basic materials to build a water baring vessel. By working as a team you will develop knotting skills and team skills whilst hopefully building a raft which will hold the full number of your team on our lake. If the raft is not secure enough then you will get wet. The instructors are there to hand out the buoyancy aids and helmets and give instruction and guidance.



Activity Information Sheet

Name of Activity: Quad Bikes

Length of time to complete: 1 Hour

Ideal Group Size: 6

Recommended Age: 8 - 12

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	
Information processing	x
Reasoning	x
Enquiry	x
Creative training	
Evaluation	

Details:

Our purpose built track will challenge you with its twists and turns, humps and bumps, can you stay on and complete the course



Activity Information Sheet

Name of activity: Canoe Capsize

Length of time to complete: 1 Hour

Max numbers for group sessions: 12

Recommended Age:

Instructor/Self Led activity: Instructor Led

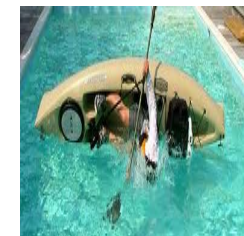
Indoor / Outdoor / All Weather:

Team / Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	
Improve own learning and performance	x
Problem solving	x
Information processing	
Reasoning	x
Enquiry	x
Creative training	
Evaluation	

Details:



Activity Information Sheet

Name of Activity: Cave Maze

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Do you like the idea of trying to get out of a dark gloomy maze with every turn getting you deeper n darker within the cave with 2 floors of maze and 3 exits you're sure to get lost. This is a new build for 2010 and has become very popular. With the cave having 2 floors to enter you will get a helmet but no lights(Available if needed) Groups are also welcome as we have designed games and challenges for all. So if you dare take on the challenge of the Walesby Forest Cave Maze the team will see you there.



Activity Information Sheet

Name of Activity: Orienteering

Length of time to complete: No set time

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

You will learn how to read maps and follow directions. With a choice of 3 courses you can choose to do a simple short course or more difficult intense courses that will test your skills to the limit.



Activity Information Sheet

Name of Activity: Nightline

Length of time to complete: 1 Hour

Ideal Group Size: 20

Recommended Age: All Ages

Instructor/Self Led activity: Instructor/Self Led

Indoor/Outdoor/All Weather: Outdoor

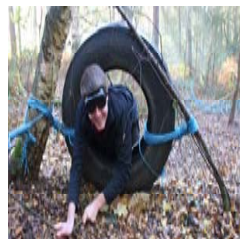
Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

5 sense, 1 of them taken away___ Your sight. Using your touch and your hearing, pushing your group skills to the limit with your elbow deep in mud, each member of the group will have their work cut out. Each team member will be blindfolded and will follow a guide line through the course with only the instructions of your team members and the watchful eye of your instructors to guide you through. Only the brave dare take it on, can you?



Activity Information Sheet

Name of Activity: Circus Skills

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor/ Self Led

Indoor/Outdoor/All Weather: All Weather

Team/Individual Development: Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Ever thought about joining a circus, being silly all the time and just clowning around, well with our trained instructors you will learn how to juggle, do Diablo, plate spinning and flower sticks. Let us bring out the clown that is in each of us and you never know you just might end up in a circus.



Activity Information Sheet

Name of Activity: Climbing

Length of time to complete: 1 Hour

Ideal Group Size: 25ft – 12. 45ft - 8

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

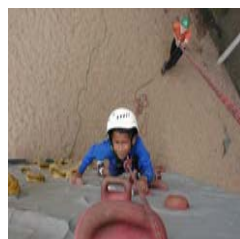
Team/Individual Development: Individual

What skills it will develop:

Communication	X
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	X
Information processing	X
Reasoning	X
Enquiry	X
Creative training	X
Evaluation	

Details:

Ever thought that you would climb just as good as a monkey, well Why not try your skills at our climbing walls. Yes I said WALLS. At Walesby we have 3 climbing walls. For those that aren't as confident we have two 25ft walls but for the more confident we have an amazing 45ft wall. You will have the help of a trained climber who will help you every step of the way up, that's if you need it.



Activity Information Sheet

Name of Activity: Mini Adventure Course

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: 6 - 10

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	X
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	X
Information processing	X
Reasoning	X
Enquiry	X
Creative training	
Evaluation	

Details:

A smaller version of the assault course with low level poles to balance on.



Activity Information Sheet

Name of Activity: Metal Detective

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	X
Information processing	
Reasoning	X
Enquiry	X
Creative training	
Evaluation	

Details:

Want to search for buried treasure hidden by Robin Hood? Then this is the activity for you. You will be given metal detectors, a map and a trowel to dig up any treasure you find. Who knows you could be the lucky person to find the missing treasure of Robin Hood and Maid Marion.

Activity Information Sheet

Name of Activity: Crate Stack

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	X
Application of number	
Information Technology	
Working with others	X
Improve own learning and performance	X
Problem solving	X
Information processing	X
Reasoning	X
Enquiry	X
Creative training	X
Evaluation	

Details:

Good balance? Steady on one foot? Not scared of a sudden drop? If this sounds like you then you will love Crate Stack. It's a team building activity, stacking crates as high as you can with one of your team members balancing precariously on the top of your stack whilst the rest of the team are stacking them as high as they can



Activity Information Sheet

Name of Activity: Crazy Golf

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

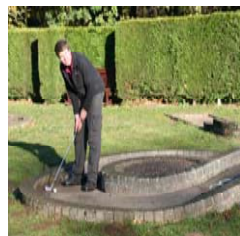
Team/Individual Development: Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Have a go at our crazy Crazy Golf ____ you will have great fun with your group trying to be the first to finish the course and be crowned the crazy golf winner!



Activity Information Sheet

Name of Activity: Leap of Faith

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 10+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	
Evaluation	

Details:

Do you have the trust of yourself do you have confidence in your own ability? If the answer is YES then can you climb up to the top and take that Leap of Faith. This adrenalin filled activity can test your confidence to the limit



Activity Information Sheet

Name of Activity: Kayaking

Length of time to complete: 1 Hour

Ideal Group Size: 6

Recommended Age: 8+

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Wanting to get to know another water sport? Then have a go at Kayaking on our lake which is perfect for beginners as most of the people can easily stand up in it if a capsize occurs. Our fully trained instructors give all the participants helmets and buoyancy aids and some basic instruction before going on the water and then will help develop kayaking skills on the water by playing games which often involve getting wet.



Activity Information Sheet

Name of Activity: Fencing

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Indoor

Team/Individual Development: Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

"_ a game of chess played at lightning speed" Originally a sport for the upper classes now everyone can enjoy the classical sport of Fencing. A great way of developing agility, strength and balance. Our instructors focus on improving technique whilst also placing an emphasis on fun, using our state of the art equipment. All equipment is provided and our instructors deliver a thorough safety brief before each session.



Activity Information Sheet

Name of Activity: Frisbee Golf

Length of time to complete: 1 Hour

Ideal Group Size: No Limit

Recommended Age: All Ages

Instructor/Self Led activity: Self Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

A bit like crazy golf except that instead of club and balls you will have Frisbees and targets to aim at. Frisbee Golf is fun for all ages and you will guarantee to have a great time competing with your group.



Activity Information Sheet

Name of Activity: Jacobs Ladder

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: All Ages

Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

New for 2011 Jacobs Ladder is a vertical climb testing your nerve to its limits as you ascend up the ladder with various obstacles to overcome.



Activity Information Sheet

Name of Activity: Giant Crate Stack

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 10+



Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

Activity Information Sheet

Name of Activity: Giant Catapult

Length of time to complete: 1 Hour

Ideal Group Size: 12

Recommended Age: 8+



Instructor/Self Led activity: Instructor Led

Indoor/Outdoor/All Weather: Outdoor

Team/Individual Development: Team/Individual

What skills it will develop:

Communication	x
Application of number	x
Information Technology	
Working with others	x
Improve own learning and performance	x
Problem solving	x
Information processing	x
Reasoning	x
Enquiry	x
Creative training	x
Evaluation	x

Details:

You will have learnt about the way objects are projected over a distance by a catapult well this is your chance to build a Giant Catapult, improve your pioneering and knotting skills and try to hit a target using different items to sling.

