

Orienteering

Activity Area: Centre Grounds
Minimum Staffing Level: 1 Instructor or teacher or leader
Staff/Pupil Ratio: N/A
Staff Qualifications: In House Trained
Maximum Number of Participants: N/A
Role of Accompanying Adult: Supervisor

Hazard	Outcome/Injury	Persons at risk	Rating	Existing Controls
Uneven surfaces	Trips, Falls, Cuts, Grazes, Bruises	Participants	3 - 2	Participants encouraged not to run. Instructor/Leader issue warnings with regards to hazardous areas.
Vehicles	Death Serious Injury	Participants	3 - 1	Speed limit imposed on vehicles driving on site. Participants reminded of out of bounds areas prior to activity commencing. Orienteering course and markers avoid roadways.
Disorientation	Participants become lost, Participants enter out of bound areas	Participants	3 - 4	Participants stay together in groups. Instructor/Leader to accompany groups where possible. Instructor/Leader positions themselves to see as much of course where possible. Boundaries explained. Instructor/Leader vigilance.
Cold and/or Wet conditions	Slips	All	3 - 4	Instructor/Leader to check that all participants have suitable clothing prior to commencing the activity. Instructor/Leader must always wear appropriate clothing in order to run the activity safely.
Sun	Sunburn	All	3 - 4	Instructor/Leader must ensure that they make the group aware of the dangers relating to the sun i.e. heatstroke & sunburn. Instructor/Leader to ensure that the group have suitable clothing, e.g. long sleeves, trousers and sun hat.
Lightening and/or storms	Electrocution	All	3 - 1	Instructor/Leader is not to run the session in any serious storm. If caught out during a lightning storm, then the Instructor must cease the activity immediately and seek appropriate shelter.
High winds	Slips/Falls	All	3 - 2	Instructor/Leader to monitor weather & suspend or cancel session when wind conditions cause safety to be affected.

Key

Rating: Likelihood (1 = Very High, 2 = High, 3 = Medium, 4 = Low) - Consequence (1 = Fatal 2 = Major Injury 3 = Minor Injury 4 = No Injury)